



Orders Due Thursday, October 15th

NOVEMBER 2020

Covid Meal Box

You must order by the week rather than the day. You can order for 1,2,3,4 or all weeks. You will get both lunch and breakfast.

Remember to make a copy for your records

Student _____

Teacher _____

November 30th will be included with Week 1 in December.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Honey Scooters 2oz, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies Week 1	Breakfast: String Cheese, WG Muffin, fresh fruit Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies	Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies	Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, veggies	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, veggies
Breakfast: Honey Scooters 2oz, fresh fruit Lunch: Chicken Stuffing & Gravy, fresh fruit, Salad Kit Week 2	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (DF) Meaty Spaghetti, Whole Wheat Roll, fresh fruit, Salad Kit	Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit Lunch: Pancakes & Sausage, fresh fruit, Salad Kit	Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, Salad Kit	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V, GF, DF) Hearty Chili, Frito Chip 2 oz Packs, fresh fruit, Salad Kit
Breakfast: Honey Scooters 2oz, fresh fruit Lunch: Somalian Chicken & Rice, fresh fruit, and veggies Week 3	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies	Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (DF) Chicken Bites, Whole Wheat Roll, fresh fruit, Frozen Diced Carrots, fresh fruit	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, fresh fruit
Breakfast: Honey Scooters 2oz, fresh fruit Lunch: (V) Cheesy Beans and Rice, WG Chip Packs, fresh fruit, Salad Kit Week 4	Breakfast: String Cheese, WG Muffin, fresh fruit Lunch: Biscuits and Gravy, fresh fruit, Salad Kit	Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit Lunch: Corn Dog Bites, fresh fruit, Salad Kit	Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, Salad Kit	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: Bangers & Mash, Whole Wheat Roll, fresh fruit, Salad Kit
Breakfast: Honey Scooters 2oz, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies				

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES

The USDA is an equal opportunity provider.

Molalla River Academy is an equal opportunity provider.

ALL MEALS ARE SERVED WITH MILK