

MARCH 1, 2021

MRA NEWSLETTER

Weekly Newsletter for the MRA community

WEEK OF MARCH 1, 2021

Monday 3/1/2021

3:00 P.M. TO 6:00 P.M.
- SUPPLY/MEAL PICK UP
8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN

Tuesday 3/2/2021

7:30 A.M. TO 8:00 A.M.
3:00 P.M. TO 6:00 P.M.
- SUPPLY/MEAL PICK UP
8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN

Wednesday 3/3/2021

8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN

Thursday 3/4/2021

8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN

Friday 3/5/2021

8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN



From the Desk of Iva Quinlan

Dear MRA Families and Friends,

We have had another successful week in transitioning our Clarkia students back on to campus. We are adjusting to the new schedule, enjoying the community of learning, playing math games, engaging in active PE classes, and making music once again. The symphony of sounds have been inspiring as the campus has come back to life. Thank you again for your patience and understanding as we work and refine the logistics to make our hybrid approach successful. There are important announcements that I would like to emphasize this week.

(continued on page 2)

(Continued from page 1)

- **Travel Recommendations**

As a community we have worked hard to open our doors with intentional best practices to limit the impact of Covid - 19 on our school. In order to remain open, it is important that we all work to follow protocols and guidelines. This week the OHA/CDC sent out **Recommendations for Travel**, including important quarantine information. As compassionate community members caring for one another we want to emphasize the importance of following these guidelines. Please read the attached document and consider the possible impact of your individual choices on each other. If you have any questions please send them to info@mra-k8.com. Thank you.

- **Applied Learning Days**

Please remember that your child's applied learning days at home are regular school days, and thus, required learning days. Our teachers and associates are working hard to develop systems of learning that are compatible with hybrid and maintain consistency in skill development. Please make sure your child attends their assigned meeting times and completes the work sent home. This is essential for progress in academic development. They need you to be their champion. Please help support and encourage your child in these activities. Attendance is required on these days and our existing absence policy will need to be followed if your student needs an arranged absence.

- **Change in Calendar**

Due to the recent inclement weather we have changed Monday, March 29th from a Teacher Work Day into an Instructional Day. March 29th will be a regular school day. Cohort A in person, Cohort B online applied learning.

- **Executive Director Start Date**

Melanie Marrone, our soon to be Executive Director, will begin Monday, March 22nd. We are looking forward to welcoming Dr. Marrone into (continued on page 3)



(Continued from page 2)

our MRA community. She can be reached at the following email address: mmarrone@mra-k8.com

- **Future School Picture Date**

We have scheduled an additional school picture day this year in hopes to capture students who were missed in the fall. The picture days will be April 5th and 6th. Eighth Grade Graduation pictures will be taken these days as well.

- **Open House**

MRA will be hosting two open houses this year for prospective families. Thursday, March 4th and Tuesday, March 16th from 5PM-8PM. Please spread the word and have interested families sign up below to reserve their spot for our guided tour.

Please contact us at info@mra-k8.com if you have any questions.

<https://www.signupgenius.com/go/10C0D48A9AA28AAFDC07-molalla>

- **Drop Off and Pick Up**

Thank you for your continued support in following our procedures during drop off and pick up. We are impressed with the safe, efficient and timely manner children are getting to the classroom and loaded into vehicles. This is due to your willingness to follow the procedures, pulling forward to minimize gaps between vehicles, waiting for all vehicles to come to a stop before children are released to their cars, and utilizing the buckle up zone to avoid holding up the line. To ensure the safety of all students, please make sure that anyone picking up your child from school is familiar with these procedures. We look forward to your continued efforts in this.

- **Meal/Supply Pick Up**

Please remember that our pick up times have changed. Pick up for meals and supplies will be on Mondays from 3PM-6PM and Tuesdays from 7:30AM-8AM and 3PM-6PM. We will not be handing out meals/supplies during the day.

No act of
KINDNESS
no matter
how small
is ever
wasted.
-Aesop





Welcoming Students for 21-22

MRA is currently accepting applications for the 2021-2022 school year. For those currently enrolled, please complete the attached Intent to Return form so we can make sure to reserve your spot in next year's class. For additional information or admission inquiries please contact the office at 503-829-6672 or email us at info@mra-k8.com

From the Office of Dawn Marie

Please bring all medication your child might need while at school to the main office. It must be in original packaging with the correct dosage information. All medication remains locked in the medication closet and is only disbursed by trained personnel. If you have any questions please contact me directly at 503-829-6672 or via email at dpowers@mra-k8.com.

March 2021 Menu Options

Please see the attached menu choices for March 2021. The general order for March has been placed. But you can still be added for the last 2 weeks. Send your order to Pam Furlan by March 5th. Email her your selections at pfurlan@mra-k8.com. If you wish to receive meals the week of Spring Break, be prepared to pick them up Monday or Tuesday March 22nd or 23rd. Otherwise the school will be closed that week.





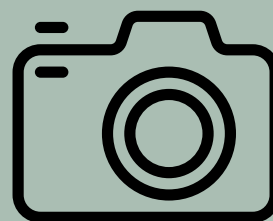
MRA Auction 2021

This year the auction will take place online for a fun filled week long event. The auction committee has been working hard coming up with ideas and procuring items. Our auction committee is meeting to organize this fundraiser, which is targeted to bring in close to \$30,000.00 this year. As our biggest and most important fundraiser of the year we do ask all of our families to help make this event as successful as possible. If you would like to help with procurement, make a donation or know someone/ a business that would like to be a sponsor please contact our auction chair K'yla DjoseLand at auktion@mra-k8.com. The next Booster/ Auction meeting will be Tues. Mar. 9th.

UPCOMING DATES:

March 1	Supply/Meal Pick Up 3pm-6:00pm
March 2	Supply/Meal Pick Up 7:30am-8:00am, 3-6pm
March 3-5	No School - 5th Grade
March 4	Open House - 5:00pm-8:00pm
March 8	First Day Back for 5th Grade
March 9	Booster Meeting 6:30pm-8:00pm
March 10-12	No School - 6th Grade
March 15	First Day Back for 6th Grade
March 15	Supply/Meal Pick Up 3pm-6:00pm
March 16	Supply/Meal Pick Up 7:30-8:00am, 3-6pm
March 16	Open House - 5:00pm-8:00pm
March 17-19	No School - 7th & 8th Grade
March 22-26	No School - Spring Break
March 30	MRA Board Meeting 6:30pm-8:00PM
March 29	First Day Back for 7th & 8th Grade Classes
April 6	Public Lottery

"A great educator makes everyone learn, not just those who are at the top of the class."





Effective Date: February 23, 2021

Statewide Recommendations for Travel

Authority: Executive Order No. 20-66, ORS 433.441, ORS 433.443

Applicability: All individuals that travel to or live in Oregon.

Definitions:

- “Essential travel” means travel that is for the purposes of:
 - Work such as, but not limited to, critical infrastructure or supply chains support, economic services, health care services, security;
 - Study as part of enrollment in an educational institution;
 - Participation in K-12 school sports, adult, youth and club sports in accordance with the [Outdoor Recreation and Outdoor Fitness Establishments Guidance](#); or
 - A family emergency.
- “Non-essential travel” means travel that is for the purposes of tourism, recreation or any other purpose that does not fit the definition of “essential travel”.

Recommendations for Travel

COVID-19 cases continue to increase in many states and countries. Individuals arriving in Oregon from other states or Oregon residents returning from other states or countries could increase the spread of COVID-19. In addition, travel itself can be a risk for exposure to COVID-19, particularly travel through public transportation such as airplanes, buses or trains. Avoiding travel can reduce the risk of both virus transmission and bringing the virus back to Oregon.

Individuals arriving in Oregon from other states or countries for non-essential travel, including returning Oregon residents, should, but are not required to:

- [Self-quarantine](#) for 14 days after arrival;
- Limit their interactions to their immediate household

While a 14-day quarantine is the safest option to prevent the spread of COVID-19 to others, those who have traveled to Oregon or back home to Oregon may consider ending quarantine early¹ **if they have not had any symptoms**:

- After 10 days, without any testing

OR

- After 7 days, if they receive a negative test result from an antigen or polymerase chain reaction (PCR) test that was conducted within 48 hours of the end of the 7-day period.

Travelers arriving via international air travel must follow the Centers for Disease Control and Prevention (CDC) testing and quarantine guidelines.

Quarantine recommendations do not apply to individuals arriving to Oregon from other states or countries or Oregon residents returning from other states or countries if:

- They have received both doses of a two-dose COVID-19 vaccine (or one dose of a single-dose vaccine if it becomes available),

AND

- It has been at least 14 days since their final dose of COVID-19 vaccine,

AND

- They have no COVID-19 symptoms.

Individuals should still monitor themselves for COVID-19 symptoms during the 14 days after travel and, if symptoms develop, they should self-isolate and seek testing.

Residents of Oregon should, but are not required to:

- Stay home or in their region and avoid non-essential travel to other states or countries.

These recommendations do not apply to individuals who cross state or country borders for essential travel.

Document accessibility: For individuals with disabilities or individuals who speak a language other than English, OHA can provide information in alternate formats such as translations, large print, or braille. Contact the Health Information Center at 1-971-673-2411, 711 TTY or COVID19.LanguageAccess@dhsosha.state.or.us

¹ There is a small chance that if individuals choose to shorten their quarantine period, they may spread the infection to others post-quarantine. Therefore, it is critical that individuals continue to monitor themselves for symptoms daily. If individuals develop symptoms, they should continue to avoid contact with others and call their health care provider to discuss testing.



Orders Due February 17th 4pm

MARCH 2021

Molalla River Academy

You must order by the week rather than the day. You can order for 1,2,3,4 or all weeks. You will get both lunch and breakfast.

Remember to make a copy for your records

Student _____

Teacher _____

If you order for Spring Break you must pick up March 22nd or 23rd.

FEATURE OF THE MONTH

Umpqua Dairy

Umpqua Dairy is the largest family owned dairy in southern Oregon. They receive fresh milk from family farms located in Oregon and SW Washington. These farmers take pride in keeping their animals healthy. The family farms have made a commitment to customers by producing milk that comes from cows not treated with rBST/rBGH*.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies Week 1	2 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	3 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	4 Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: Rolled Enchiladas, fresh fruit, and veggies	5 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (GF, DF) Meaty Chili, Whole Wheat Roll, fresh fruit, and veggies
8 Breakfast: Honey Scooters 2oz, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies Week 2	9 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	10 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	11 Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies	12 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (DF) Meaty Spaghetti, Whole Wheat Roll, fresh fruit, and veggies
15 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies Week 3	16 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	17 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: (DF) Teriyaki Chicken with Rice, Whole Wheat Roll, fresh fruit, and veggies	18 Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies	19 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies
22 Breakfast: Honey Scooters 2oz, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies Week 4 - Spring Break	23 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	24 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: Chicken Stuffing & Gravy, Whole Wheat Roll, fresh fruit, and veggies	25 Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies	26 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Cheesy Beans and Rice, Frito Chip 2 oz Packs, fresh fruit, and veggies
29 Breakfast: Honey Scooters 2oz, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies Week 5	30 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	31 Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	1 Breakfast: Honey Graham Toasters 2oz, fresh fruit Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies	2 Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: Somalian Chicken & Rice, fresh fruit, and veggies

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH 1% Milk

The USDA and Molalla River Academy are equal opportunity providers.