



Orders Due March 19th 4pm

APRIL 2021

# Molalla River Academy

You must order by the week rather than the day. You can order for 1,2,3,4 or all weeks. You will get both lunch and breakfast.

Remember to make a copy for your records

Student \_\_\_\_\_

Teacher \_\_\_\_\_

## FEATURE OF THE MONTH

### Umpqua Dairy

Umpqua Dairy is the largest family owned dairy in southern Oregon. They receive fresh milk from family farms located in Oregon and SW Washington. These farmers take pride in keeping their animals healthy. The family farms have made a commitment to customers by producing milk that comes from cows not treated with rBST/rBGH\*.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Breakfast: Honey Graham Toasters 2oz, fresh fruit  Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies	<b>2</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: (GF, DF) Meaty Chili, Whole Wheat Roll, fresh fruit, and veggies
<b>5</b> Breakfast: Honey Scooters 2oz, fresh fruit  Lunch: Turkey and Provolone Sandwich, fresh fruit, and veggies <b>Week 1</b>	<b>6</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	<b>7</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies	<b>8</b> Breakfast: Honey Graham Toasters 2oz, fresh fruit  Lunch: Corn Dog Bites, fresh fruit, and veggies	<b>9</b> Breakfast: String Cheese, WG Muffin, fresh fruit  Lunch: (DF) Teriyaki Chicken with Rice, Whole Wheat Roll, fresh fruit, and veggies
<b>12</b> Breakfast: Honey Scooters 2oz, fresh fruit  Lunch: (DF) Chicken Bites, fresh fruit, and veggies <b>Week 2</b>	<b>13</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies	<b>14</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	<b>15</b> Breakfast: Honey Graham Toasters 2oz, fresh fruit  Lunch: Somalian Chicken & Rice, Whole Wheat Roll, fresh fruit, and veggies	<b>16</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies
<b>19</b> Breakfast: Honey Scooters 2oz, fresh fruit  Lunch: Turkey and Provolone Sandwich, fresh fruit, and veggies <b>Week 3</b>	<b>20</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies	<b>21</b> Breakfast: Yoplait Raspberry Yogurt, Cinnamon Granola Pack, fresh fruit  Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	<b>22</b> Breakfast: Honey Graham Toasters 2oz, fresh fruit  Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies	<b>23</b> Breakfast: String Cheese, WG Muffin, fresh fruit  Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies
<b>26</b> Breakfast: Honey Scooters 2oz, fresh fruit  Lunch: Turkey and Cheddar Sandwich, fresh fruit, and veggies <b>Week 4</b>	<b>27</b> Breakfast: WG Muffin, String Cheese, fresh fruit  Lunch: (DF) Meaty Spaghetti, Whole Wheat Roll, fresh fruit, and veggies	<b>28</b> Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit  Lunch: Chicken Stuffing & Gravy, fresh fruit, and veggies	<b>29</b> Breakfast: Honey Graham Toasters 2oz, fresh fruit  Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies	<b>30</b> Breakfast: String Cheese, WG Muffin, fresh fruit  Lunch: (V) Cheesy Beans and Rice, Whole Wheat Roll, fresh fruit, and veggies

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGGIES

Molalla River Academy is an equal opportunity provider.