



Orders Due Thurs. April 22nd, 4pm

May 2021

Molalla River Academy

You must order by the week rather than the day. You can order for 1,2,3,4 or all weeks. You will get both lunch and breakfast.

Remember to make a copy for your records

Student _____

Teacher _____

FEATURE OF THE MONTH

Umpqua Dairy

Umpqua Dairy is the largest family owned dairy in southern Oregon. They receive fresh milk from family farms located in Oregon and SW Washington. These farmers take pride in keeping their animals healthy. The family farms have made a commitment to customers by producing milk that comes from cows not treated with rBST/rBGH*.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>_____All weeks....or circle desired week(s) below.</p>				
<p>3</p> <p>Breakfast: Honey Scooters 2oz, fresh fruit</p> <p>Lunch: Turkey & Provolone Sandwich, fresh fruit, and veggies</p> <p>Week 1</p>	<p>4</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Pasta Alfredo, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>5</p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>	<p>6</p> <p>Breakfast: Honey Graham Toasters 2oz, fresh fruit</p> <p>Lunch: Corn Dog Bites, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>7</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies</p>
<p>10</p> <p>Breakfast: Honey Scooters 2oz, fresh fruit</p> <p>Lunch: Chicken Bites, Whole Wheat Roll, fresh fruit, and veggies</p> <p>Week 2</p>	<p>11</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: Turkey & Provolone Sandwich, fresh fruit, and veggies</p>	<p>12</p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>	<p>13</p> <p>Breakfast: Honey Graham Toasters 2oz, fresh fruit</p> <p>Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies</p>	<p>14</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p>
<p>17</p> <p>Breakfast: Honey Scooters 2oz, fresh fruit</p> <p>Lunch: Turkey & Provolone Sandwich, fresh fruit, and veggies</p> <p>Week 3</p>	<p>18</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies</p>	<p>19</p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (DF) Teriyaki Chicken with Rice, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>20</p> <p>Breakfast: Honey Graham Toasters 2oz, fresh fruit</p> <p>Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>21</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p>
<p>24</p> <p>Breakfast: Honey Scooters 2oz, fresh fruit</p> <p>Lunch: Turkey & Provolone Sandwich, fresh fruit, and veggies</p> <p>Week 4</p>	<p>25</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) Meaty Spaghetti, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>26</p> <p>Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit</p> <p>Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies</p>	<p>27</p> <p>Breakfast: Honey Graham Toasters 2oz, fresh fruit</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll, fresh fruit, and veggies</p>	<p>28</p> <p>Breakfast: WG Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Cheesy Beans and Rice, Whole Wheat Roll, fresh fruit, and veggies</p>

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

The USDA and Molalla River Academy are equal opportunity providers.