# MRA NEWSLETTER

Weekly Newsletter for the MRA community

# WEEK OF FEB. 22, 2021

#### Monday 2/22/2021

7:30 A.M. TO 8:00 A.M.
3:00 P.M. TO 6:00 P.M.
- MEAL PICK UP
8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN
WELCOME BACK 3RD & 4TH!

#### Tuesday 2/23/2021

7:30 A.M. TO 8:00 A.M. 3:00 P.M. TO 6:00 PM - MEAL PICK UP 8:00 A.M. TO 4:00 P.M. - MAIN OFFICE OPEN

#### Wednesday 2/24/2021

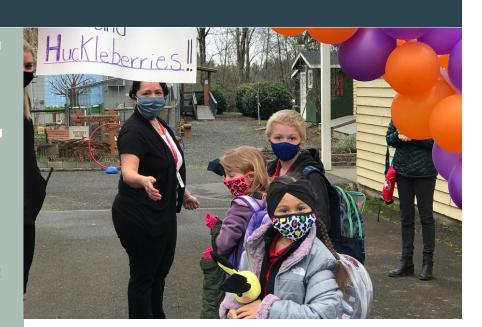
**8:00 A.M. TO 4:00 P.M.**- MAIN OFFICE OPEN

#### Thursday 2/25/2021

8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN

#### Friday 2/26/2021

8:00 A.M. TO 4:00 P.M.
- MAIN OFFICE OPEN



# From the Desk of Iva Quinlan

Dear MRA Families and Friends.

At this point I believe many of us are beyond words in describing the series of unfortunate events and natural disasters that we have endured or are currently enduring this year. I would like to take this time and recognize the perseverance our MRA families have exhibited in order to continue in keeping true to the values of family, community, and caring for one another. MRA continues to strive to provide structure, stability, and care for our students as they are journeying through these obstacles. We recognize that many may need some extra support and resources during this time. Please don't hesitate to reach out to Kevin Farris, (continued on page 2)

(Continued from page 1)
our Student Support Specialist at <a href="mailto:kfarris@mra-k8.com">kfarris@mra-k8.com</a> if you have any needs. He has been coordinating efforts to meet the needs of families, whether it may be physical or emotional.

Next week we are excited to be welcoming our 3rd and 4th grade students back on campus! We are looking forward to continuing with our K-2 students in their full days of hybrid learning as well. If you are unable to access power and internet will be offering the following accommodations:

- K-4 students will be provided learning packets and instructions during your child's in-person learning day; these are to be completed during the applied learning times.
- 5th-6th grade students will also be provided with packets (most of the resources students should already have) and their teachers will be in touch with additional information as needed.
- For our Cedar students, on-campus WIFI will be available from 9:30-11:30 on Monday and Tuesday for students to plug in, access the internet, and engage with online lessons. This will be supervised by Mr. Poff. An email will be sent out to Cedar families with further information and guidelines.

Please remember that meal pick up will happen on Monday from 3PM-6PM. Tuesdays from 7:30AM-8:00AM and 3PM-6PM.

Thank you and have an enjoyable weekend.

# From the Office of Dawn Marie

Please bring all medication your child might need while at school to the main office. It must be in original packaging with the correct dosage information. All medication remains locked in the medication closet and is only disbursed by trained personnel. If you have any questions please contact me directly at 503-829-6672 or via email at <a href="mailto:dpowers@mra-k8.com">dpowers@mra-k8.com</a>.



# Winter Storm Recovery Resources

#### **Food Loss**

**SNAP Replacement Benefits** 

Did you lose food purchased with SNAP benefits due to storms, flooding, power outages or fires? We may be able to replace your SNAP benefits. Request replacement benefits within ten (10) days of the food loss, by:

Phone: 800-699-9075 or

Email: <u>SSP.StatewideWorkshare@dhsoha.state.or.us</u>

Once approved, replacement benefits are issued to current recipients using their existing EBT card.

#### **Food Resources**

These local food pantries or pick-up sites may be a resource near you.

Oregon Food Bank
Hope Food Pantries
Need Food Oregon

#### Internet

<u>Xfinity Refunds</u> - partial refunds for lost access to the web

#### **Warming Shelters**

211info.org

#### **Power Outages**

PGE Outages Website

#### **Travel Conditions**

<u>Tripcheck.com</u> - map features road camera, road closure information and traffic conditions on state-operated roads.

# No act of KINDNESS no matter how small is ever wasted. -Aesop





# Welcoming Students for 21-22

MRA is currently accepting applications for the 2021-2022 school year. For those currently enrolled, please complete the attached Intent to Return form so we can make sure to reserve your spot in next year's class. For additional information or admission inquiries please contact the office at 503-829-6672 or email us at info@mra-k8.com

## Forecasting for 8th Grade Students

If you have an 8th Grade student please see the attached flyer about 2021-2022 forecasting. There will be a virtual forecasting session rescheduled for Thursday February 25th at 7pm. Please see the flyer for details on how to attend this important event.

# March 2021 Menu Options

Please see the attached menu choices for March 2021. The general order for March has been placed. But you can still be added for the last 2 weeks. Send your order to Pam Furlan by March 5th. Email her your selections at <a href="mailto:pfurlan@mra-k8.com">pfurlan@mra-k8.com</a>. If you wish to receive meals the week of Spring Break, be prepared to pick them up Monday or Tuesday March 22nd or 23rd. Otherwise the school will be closed that week.







### Please Send Your Photos

Since this year is a bit different than normal and we aren't taking photos at school and during events, we are hoping you can capture what distance learning is like at your home! This can include students learning in their space, celebrating holidays, playing outside for recess, going on 'field trips', or pretty much anything else! Please email them to Mr. Mahr at kmahr@mra-k8.com,

**UPCOMING DATES:** 

February 22 First Day Back for 3rd-4th Grade Classes February 23 MRA Board Meeting 6:30pm-8:00PM March 1 Supply/Meal Pick Up 3pm-6:00pm March 2 Supply/Meal Pick Up 7:30am-8:00am, 3-6pm March 3-5 No School - 5th Grade March 4 Open House - 6:00pm-8:00pm March 8 First Day Back for 5th Grade March 9 Booster Meeting 6:30pm-8:00pm March 10-12 No School - 6th Grade March 15 First Day Back for 6th Grade March 15 Supply/Meal Pick Up 3pm-6:00pm March 16 Supply/Meal Pick Up 7-8:00am, 3-6pm March 17-19 No School - 7th & 8th Grade March 22-26 No School - Spring Break March 23 MRA Board Meeting 6:30pm-8:00PM March 29 First Day Back for 7th & 8th Grade Classese "A great
educator
makes
everyone
learn, not just
those who are
at the top of
the class."





2021-2022 Forecasting

# Molalla High School

8th Grade Information Night



#### **FEBRUARY 25 • 7PM • VIRTUAL**

JOIN WITH US TO RECEIVE HELPFUL INFORMATION ABOUT GRADUATION REQUIREMENTS, ELECTIVES, COLLEGE AND CAREER PLANNING

#### **TOPICS**

**Graduation Requirements** 

**Supported Education Resources** 

**Standard and Honors** 

Resource.

Diploma

**Athletics** 

College and Career Planning

**Tutoring** 

#### Zoom Link:

https://us02web.zoom.us/j/88047322172



For questions, please contact the Molalla High School counselors: Rebecca McKenzie, rebecca.mckenzie@molallariv.k12.or.us Matthew Rubrecht, matthew.rubrecht@molallariv.k12.or.us



# Molalla River Academy

You must order by the week rather than the day. You can order for 1,2,3,4 or all weeks. You will get both lunch and breakfast.

Rememb	er to make a copy for your records
Student_	
Teacher	

If you order for Spring Break you must pick up March 22nd or 23rd.

#### FEATURE OF THE MONTH

#### Umpqua Dairy

Umpqua Dairy is the largest family owned dairy in southern Oregon. They receive fresh milk from family farms located in Oregon and SW Washington. These farmers take pride in keeping their animals healthy. The family farms have made a commitment to customers by producing milk that comes from cows not treated with rBST/rBGH\*.

22nd or 23rd.				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: WG Muffin, String Cheese, fresh fruit	Breakfast:	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit	Breakfast: Honey Graham Toasters 2oz, fresh fruit	Breakfast: 5 WG Muffin, String Cheese, fresh fruit
Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies  Week 1	Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	Lunch: (V ) Traditional Pizza Bagel, fresh fruit, and veggies	Lunch: Rolled Enchiladas, fresh fruit, and veggies	Lunch: (GF, DF) Meaty Chili, Whole Wheat Roll, fresh fruit, and veggies
Breakfast: Honey Scooters 2oz, fresh fruit Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (V ) Sunflower Butter & Jelly	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit Lunch: (V)	Breakfast: Honey Graham Toasters 2oz, fresh fruit  Lunch: (V) Bean and Cheese Burrito,	Breakfast: WG Muffin, String Cheese, fresh fruit Lunch: (DF Meaty Spaghetti, Whole Wheat
Week 2  Breakfast:	Sandwich, fresh fruit, and veggies  16 Breakfast:	Cinnamon Granola Pack,	h fresh fruit, and veggies  17 Breakfast: 18 Honey Graham Toasters 2oz,	Roll, fresh fruit, and veggies  19 Breakfast:
WG Muffin, String Cheese, fresh fruit  Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies  Week 3	WG Muffin, String Cheese, fresh fruit Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	Yoplait Raspberry Yogurt, fresh fruit  Lunch: (DF) Teriyaki Chicken with Rice, Whole Wheat Roll, fresh fruit and veggies	fresh fruit  Lunch: (V )  Mozzarella Pasta Bake, Whole  Wheat Roll fresh fruit and	WG Muffin, String Cheese, fresh fruit Lunch: (V Traditional Pizza Bagel, fresh fruit, and veggies
Breakfast: Honey Scooters 2oz, fresh fruit	Breakfast: WG Muffin, String Cheese, fresh fruit	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt, fresh fruit	24 25 Breakfast: Honey Graham Toasters 2oz, fresh fruit	Breakfast: WG Muffin, String Cheese, fresh
Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies  Week 4 - Spring Break	Lunch: (V) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	Lunch: Chicken Stuffing & Gravy, Whole Wheat Roll, fresh fruit and veggies	Lunch: (V)  Mac and Cheese, Whole Wheat	Lunch: (V)
Breakfast: Honey Scooters 2oz, fresh fruit	Breakfast: WG Muffin, String Cheese, fresh fruit	Breakfast: Cinnamon Granola Pack, Yoplait Raspberry Yogurt,	Breakfast: 1 Honey Graham Toasters 2oz, fresh fruit	Breakfast: 2 WG Muffin, String Cheese, fresh fruit
Lunch: Turkey & Provolone Hoagie, fresh fruit, and veggies Week 5	Lunch: (V ) Sunflower Butter & Jelly Sandwich, fresh fruit, and veggies	fresh fruit  Lunch: (V)  Traditional Pizza Bagel, fres fruit, and veggies	Lunch: (V)  Mozzarella Pasta Bake,  Whole Wheat Roll, fresh fruit, and veggies	Lunch: Somalian Chicken & Rice, fresh fruit, and veggies

DF - Dairy Free

GF - Gluten Free

V Voqetaria

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH 1% Milk